

Mountain Yoga General Calendar 2018																	
2018	Mon	Tues	Wed	Thu	Fri	Sat	Sun		Mon	Tues	Wed	Thu	Fri	Sat	Sun		
FEB	5	6	7	8	9	10	11	JUL	2	3	4	5	6	7	8		
	12	13	14	15	16	17	18		9	10	11	12	13	14	15		
	19	20	21	22	23	24	25		16	17	18	19	20	21	22		
	26	27	28	1	2	3	4		23	24	25	26	27	28	29		
MAR	5	6	7	8	9	10	11	AUG	30	31	1	2	3	4	5		
	12	13	14	15	16	17	18		6	7	8	9	10	11	12		
	19	20	21	22	23	24	25		13	14	15	16	17	18	19		
	26	27	28	29	30	31	1		20	21	22	23	24	25	26		
APR	2	3	4	5	6	7	8	SEP	27	28	29	30	31	1	2		
	9	10	11	12	13	14	15		3	4	5	6	7	8	9		
	16	17	18	19	20	21	22		10	11	12	13	14	15	16		
	23	24	25	26	27	28	29		17	18	19	20	21	22	23		
MAY	30	1	2	3	4	5	6	OCT	24	25	26	27	28	29	30		
	7	8	9	10	11	12	13		1	2	3	4	5	6	7		
	14	15	16	17	18	19	20		8	9	10	11	12	13	14		
	21	22	23	24	25	26	27		15	16	17	18	19	20	21		
JUN	28	29	30	31	1	2	3	NOV	22	23	24	25	26	27	28		
	4	5	6	7	8	9	10		29	30	31	1	2	3	4		
	11	12	13	14	15	16	17		5	6	7	8	9	10	11		
	18	19	20	21	22	23	24		12	13	14	15	16	17	18		
Subject to change	Confirmed and posted	Svaroopo Yoga Class in p.m. + various morning programs some Tues & Thurs. Check schedule.	Heartfulness Meditation at 5:45pm. Occasional changes may be posted on voice greeting 775-1795	Do More Yoga meets at 5pm, dependent on volunteers. Check schedule at studio. Not open to new students.	Weekend workshop. See website or studio board for details.	Margery available M-F for private sessions. 775-1795		DEC	19	20	21	22	23	24	25	26	27
									26	27	28	29	30	1	2		
									3	4	5	6	7	8	9		
									10	11	12	13	14	15	16		
JAN 2019	17	18	19	20	21	22	23	31	1	2	3	4	5	6			
	7	8	9	10	11	12	13	7	8	9	10	11	12	13			
	14	15	16	17	18	19	20	14	15	16	17	18	19	20			
	21	22	23	24	25	26	27	21	22	23	24	25	26	27			
								28	29	30	31						

